

## PUBLICATION LIST

### Peer-reviewed articles

- Ramírez Varela, A., Hallal, P. C., Mejía Grueso, J., Pedišić, E., Salvo, D., Nguyen, A., Klepac, B., Bauman, A., Siefken, K., Hinckson, E., Oyeyemi, A. L., Richards, J., Salih Khidir, E. D., Inoue, S., Amagasa, S., Jauregui, A., da Silva, M. C., Lee, I. M., Ding, M., . . . Pratt, M. (2022). Status and Trends of Physical Activity Surveillance, Policy, and Research in 164 Countries: Findings From the Global Observatory for Physical Activity—GoPA! 2015 and 2020 Surveys. *Journal of Physical Activity and Health*. 1–17. <https://doi.org/10.1123/jpah.2022-0464>
- Ding, D., Carson, V., Hunter, R.F., Jáuregui, A., Kolbe-Alexander, T., Lee, Y.-E., Mair, J.L., Mielke, G.I., Oyeyemi, A.L., Ramirez Varela, A., Salvo, D., Siefken, K., Tassitano, R.M., Van Sluijs, E., Hallal, P. Science has no Borders, so Should Scientific Publishing: A Position Statement from the Journal of Physical Activity and Health. *Journal of Physical Activity*, 19(12):809-810.
- Beck, F., Siefken, K., & Reimers, A. (2022). Physical Activity in the Face of the COVID-19 Pandemic: Changes in Physical Activity Prevalence in Germany. *German Journal of Sports Medicine*, 73(5).
- Siefken, K. (2022). Calling Out for Change Makers to Move Beyond Disciplinary Perspectives. *Journal for Physical Activity and Health*, 19(8): 529-530.
- Schulenkorf, N., Sherry, E., Siefken, K., & Richards, J. (2022). Health Interventions as Vehicles for Increased Sport Participation for Girls and Women: Socio-Managerial Insights from a Netball-for-Development Program in Tonga, *Journal of Sport for Development*, 10(1): 25-39.
- Siefken, K., Ramirez, A., Waqanivalut, T., & Schulenkorf, N. (2021). Better Late Than Never?! Five Compelling Reasons for Putting Physical Activity in Low- and Middle-Income Countries High Up on the Public Health Research Agenda. *Journal of Physical Activity and Health*, 18(12):1469-1470. doi: 10.1123/jpah.2021-0576.
- Massy-Westropp, N., Snow, A., Wechalekar, H., Burlakoti, A., & Siefken, K. (2021). Adding to the Allied Health Student Experience: Motivators, Deterrents, and How to Get More from Peer Teaching. *Journal of Allied Health*, 50(1): 61-66.
- Muller, J, Siefken, K, Parfitt, G, Dollman, J (2021). Exploring the social conditions of physical activity participation amongst rural South Australian women: A qualitative study. *Health Promotion Journal of Australia*, 32(S2): 54-64.
- Backhaus, I., Ramirez Varela, A., Khoo, S., Siefken, K., Crozier, A., Begotaraj, E., Fischer, F., Wiehn, J., Lanning, B., Lin, P.-H., Jang, S., Zaranza, L., Al Shamli, A. K., La Torre, G., & Kawachi, I. (2020). Associations between social capital and depressive symptoms among college students in 12 countries: Results of a cross-national study. *Frontiers in Psychology*, 11. <https://doi.org/10.3389/fpsyg.2020.00644>
- Schulenkorf, N., Siefken, K. (2019). Managing Sport-for-Development and Health Promotion: The Sport-for-Health Model. *Sport Management Review. Special Issue: Managing Sport for Health*, 22(1): 96-107.
- Siefken, K., Junge, A., Lämmle, L. (2019). How does leisure-time physical activity (PA) affect mental health? An investigation into the relationship of leisure-time PA type, context, intensity and amount and depression and anxiety. *Journal of Human Movement*, 20(1): 62-74

- Ramirez Varela, A., Salvo, D., Pratt, M., Milton, K., Siefken, K., Bauman, A., Kohl, H., Lee, I.-E., Heath, G., Foster, C., Powell, K., Hallal, P. (2018). Worldwide use of the first set of physical activity Country Cards: The Global Observatory for Physical Activity. *Journal of Behavioural Nutrition and Physical Activity*, 15:29.
- Siefken, K., Titze, S. (2016). Das Global Observatory for Physical Activity (GoPA) präsentiert länderspezifische Bewegungskarten. Ein kurzer Überblick über die globale Initiative. *Sportmedizin*. 67(3):64-67.
- Siefken, K., Schofield, G., & Schulenkorf, N. (2015). Process evaluation of a walking programme delivered through the workplace in the South Pacific island Vanuatu. *Global Health Promotion*, 22(2):53-64.
- Siefken, K., Schofield, G., Malcata, R. (2014). Engaging urban Pacific women in healthy lifestyle behaviour: an outcome evaluation of a workplace-based physical activity intervention in Vanuatu. *Journal of Sport for Development*, 2(3): 1-12.
- Siefken, K.; Schofield, G.; Schulenkorf, N. (2014). „Laefstael jenses: An investigation of barriers and facilitators for healthy lifestyles of women in an urban Pacific island context”. *Journal of Physical Activity and Health*, 11(1): 30-37.
- Richards, J., Kaufman, Z., Schulenkorf, N., Wolff, E., Gannett, K., Siefken, K., Rodriguez, G. (2013). Advancing the Evidence Base of Sport for Development: A New Open-Access, Peer-Reviewed Journal. *Journal of Sport for Development*,1(1):1-3.
- Siefken, K.; Macniven, R.; Schofield, G.; Bauman, A.; Waqanivalu, T. (2012). A stocktake of physical activity programs in the Pacific islands. *Health Promotion International*, 27 (2): 197-207.
- Siefken K.E.; Kahlmeier, S.; Titze, S.; Gebel, K. (2011). Die Toronto Charta für Bewegung – ein Aufruf . *Public Health Forum*, 19(2):23.
- Siefken, K.; Kahlmeier, S.; Titze, S.; Gebel, K. (2011). „Warum eine Toronto Charta für Bewegung?“, *Prävention und Gesundheitsförderung*. 6:212–215.

### **Monograph**

- Siefken, K. (2012). Preventing Chronic Diseases Through Physical Activity in the Pacific Islands. A Workplace Health Promotion Programme in Vanuatu. Dissertation, Auckland University of Technology (AUT), Neuseeland.

### **Book**

- Siefken K., Ramirez, A., Schulenkorf, N., & Waqanivalu, T. (2021). Physical Activity in Low- and Middle-Income Countries. Routledge. Taylor & Francis.

### **Book chapters**

- Schulenkorf, N., & Siefken, K. (2020), “Sport-for-Development and (Partnerships with) the Health Sector: Reflections from the Pacific Islands”. In Peachey, W. J., Green, C., & Chalip, L. (Eds.), *Partnerships and Alliances in Sport for Development and Peace Linkages in Sport for Development and Peace: Considerations, Tensions, and Strategies*, (Chapter 12, pp. 159-173). Sagamore, Urbana. ISBN: 978-1-57167-981-9.

- Schulenkorf, N. and Siefken, K. (2018), "Using Sport and Health Promotion to Foster Healthy Lifestyles in the South Pacific" in Handbook of Sport for Development and Peace. (Eds) Collison, H. et al., Routledge, Abingdon
- Siefken, K.; Rowe, K. (2016). Sport and Health Promotion. In Sherry, Schulenkorf, Pamm (Ed.) - Managing Sport Development: an international approach. Routledge. Taylor & Francis.
- Siefken, K., Schofield, G., & Schulenkorf, N. (2014). Inspiring Pacific women to realise sustainable lifestyle changes: an attempt to halt the spread of chronic diseases". In Schulenkorf, Adair (Ed.) – Global Sport-for-Development: Critical Perspectives. Palgrave Macmillan.

### **Consultancy reports**

- Siefken, K. (2017). Evaluation eines Betriebsgesundheitsprogrammes für den Bereich Bewegung und mentale Gesundheit im Auftrag für das Alsterstudio, Hamburg.
- Siefken, K. (2016). Feldprüfverfahren eines Betriebsgesundheitsmodul für das WHO Technical Package on Physical Activity. Arbeitsbericht für die Weltgesundheitsorganisation (WHO), Headquarters, Genf, Schweiz.
- Siefken, K. (2015). Präsentation der Globalen Bewegungshilfsmittel der WHO bei der WHO HEPA Konferenz in Istanbul, Türkei.
- Siefken, K. (2015). Hilfsmittel zur Bewegungsförderung für Betriebsgesundheitsprogramme. Arbeitsbericht für die Weltgesundheitsorganisation (WHO), Headquarters, Genf, Schweiz.
- Siefken, K.; Schofield, G. (2013). Practical tools and approaches for healthy workplaces in the Pacific region. Arbeitsbericht für die Weltgesundheitsorganisation Western Pacific Regional Office (WPRO).
- Siefken, K.; Schofield, G. & Schulenkorf, N. (2012). Formative Beurteilung von Betriebsgesundheitsprogrammen in Tuvalu, Kiribati und Tonga. Arbeitsbericht für die Weltgesundheitsorganisation Western Pacific Regional Office (WPRO).
- Siefken, K. & Schofield, G. (2011). „Wokabaot Jalens. A workplace healthy lifestyle intervention for female civil servants in Port Vila, Vanuatu, 2011". Arbeitsbericht für die Weltgesundheitsorganisation Western Pacific Regional Office (WPRO).
- Siefken, K.; Schofield, G. & Schulenkorf, N. (2010). „Vanuatu NCD prevention and control. Experiences from and recommendations for NCD prevention and control strategies in Tafea province in Vanuatu" & "Process evaluation of the government-based physical activity policy 'Walk for Life'": Arbeitsbericht für die Weltgesundheitsorganisation Western Pacific Regional Office (WPRO).
- Siefken, K.; Kahlmeier, S.; Titze, S. & Gebel, K. (2010) Die Toronto Charta für Bewegung. Offizielle Übersetzung der Toronto Charter for Physical Activity in die Deutsche Sprache. Global Advocacy of Physical Activity GAPA / International Society for Physical Activity and Health ISPAH (2010).
- Schofield, G. & Siefken, K. (2009). "Assessment: Walk for Life Policy Vanuatu Government Public Service". Arbeitsbericht für die Weltgesundheitsorganisation Western Pacific Regional Office (WPRO).
- Siefken, K. (2008). "Guidelines for community-based approaches to increasing tobacco-free policies". Arbeitsbericht für die Weltgesundheitsorganisation Western Pacific Regional Office (WPRO).

- Siefken, K. (2008). Evaluation of a healthy workplace programme: Healthy Office Report ('HOP' report). Arbeitsbericht für die Weltgesundheitsorganisation Western Pacific Regional Office (WPRO).
- Siefken, K. & Waqanivalu, T. (2008). Working paper for the establishment of a network for health promoting schools in the Pacific. Arbeitsbericht für die Weltgesundheitsorganisation Western Pacific Regional Office (WPRO).
- Siefken, K. (2008) Booklet for the World Health Organization, Regional Office for the Western Pacific Workshop Energizer Guide. Suva, Fidschi.

## Media

- Hamburg 1*. 28.04.2021. Nachgefragt. Beitrag zum Thema *Bewegungsmangel gefährdet Kinder und Jugendliche* <https://hamburg1.de/mediathek/21511>
- The Educator*. 10. Juli 2019. Student health: What Australia can learn from Nordic countries. Available at <https://www.theeducatoronline.com/k12/news/student-health-what-australia-can-learn-from-nordic-countries/264289>
- The Conversation*. 9. Juli 2019. Look up north. Here's how Aussie kids can move more at school, Nordic style. Online verfügbar: <https://theconversation.com/look-up-north-heres-how-aussie-kids-can-move-more-at-school-nordic-style-112957>.
- University of South Australia. Media Department*. As obesity climbs in Pacific nations, UniSA research probes the effectiveness of health through sport. Online erschienen (2019): [https://www.unisa.edu.au/Media-Centre/Releases/2019/as-obesity-climbs-in-pacific-nations-unisa-research-probes-the-effectiveness-of-health-through-sport/#.XPXXk4\\_gpb4](https://www.unisa.edu.au/Media-Centre/Releases/2019/as-obesity-climbs-in-pacific-nations-unisa-research-probes-the-effectiveness-of-health-through-sport/#.XPXXk4_gpb4)
- Deutsche Zeitschrift für Sportmedizin*. Der Globale Aktionsplan für Bewegung. Online erschienen (2017): <http://www.zeitschrift-sportmedizin.de/>
- Bundesministerium für Gesundheit, Bundesministerium für Ernährung und Landwirtschaft. In Form. Deutschlands Initiative für gesunde Ernährung und mehr Bewegung*. Bewegungskarten weltweit. Das Globale Bewegungs-Observatorium präsentiert Länderportraits mit wichtigen Eckdaten zu Bewegung und Forschung. Online erschienen (2016): <https://www.in-form.de/in-form/international/bewegungskarten-weltweit/>